

# Andrea Hoppe

Executive Coaching



## Contact

Mobile: +49 160/97349166  
Phone: +49 221/42060942  
info@andreaHoppe.com

[www.andreaHoppe.com](http://www.andreaHoppe.com)

Born 1967

Located in Köln (Cologne), Germany

Deployment: national/international

Languages: German/English

## Professional Experience

- » Since 2004, freelance Executive Coach, Moderator and Trainer; experienced in all sectors of business
- » From 1995 to 2004, experience gained as Coach, Moderator and Trainer – both as employee and as executive
- » Sales and leadership position in a large German bank
- » Sales and project management in financial services sector, including a management position
- » Lecturer at both the FHF Nordkirchen as well as Landesfinanzschule Haan

## Qualifications

- » Business Management Studies
- » Lecturer Training
- » Systemic Business Coach
- » Management Trainer
- » NLP Teaching Trainer (DVNLP)
- » Life-Balance and Health Manager
- » Accredited ASSESS and Insights Trainer
- » Various trainings and in-depth studies, e.g. solution-oriented coaching, systemic structure constellations as well as different diagnostic methods

*„When I come to the end of my life, I hope that not even the tiniest bit of potential will be left over and that I might say, I made use of everything I was endowed with.“*

*Erma Bombeck*

# Andrea Hoppe

## Executive Coaching

### Selected References

Allianz Deutschland  
Alstom Power Service  
GmbH  
ARAG  
AXA Konzern  
BASF  
Douglas  
DZ-Bank  
Henkel  
RMW consult AG  
Union Investment  
Privatfonds  
Vontobel Holding  
Rhenus Logistics  
zeb/ rolfes.schierenbeck.  
associates

### Executive Coaching

- » Profile & personality coaching
- » Self-efficacy and personal impact as executive; tools and instruments for authentic and transformative leadership. Reflection of own leadership behaviour and claim.
- » Leadership communication: e.g. challenging and supporting staff – leader as coach
- » Brilliant leadership: Professional reflection of a leader's role – Coaching in integration/change of position – The first 100 days – Moving about confidently on the „political stage“

### Management of Organisations and Self-Management

- » Self-efficacy
- » Strengthening one's own power of resistance
- » Dealing with stress effectively
- » Delegating – prioritising
- » Acknowledging and pursuing own needs
- » 4th generation self-management – why time management alone no longer suffices nowadays

### Corporate Culture

- » A good working environment – the company's success
- » Change processes
- » Conflicts
- » 24 hour feedback – feedback as an attitude

*„People can only change ‚unfavorable attitudes‘  
if we invite, encourage and inspire them.“*

*Gerald Hüther*